

# It's a QX WORLD

Discover our biofeedback technology.



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HEALTH IS A CHOICE,  
AND WE MAKE IT YOURS.



Dear Reader,

At QX WORLD, we feel it's time for a total approach to health to become the standard approach. Because supporting the health of all people both mentally and physically means we must see the body for the incredible system it is.

It is through our biofeedback devices and by sharing the results of our ongoing research and development that we empower everyone who wants to experience wellness on a higher level.

Hopefully, our endeavors will inspire and support you and others on the way to a lifestyle that is healthy in every possible sense.

Sincerely,

**Andreea Taflan**  
CEO and co-founder

# Biofeedback is making waves

Healthcare professionals specializing in various fields are noticing that complementary healthcare practices are becoming more popular every year. Biofeedback in particular, while certainly not a recent development, is currently making waves because of its **scientific foundation and non-invasive approach**.

Ever since western medicine introduced itself to the world, it has perpetuated a siloed approach to health. Feeling stressed? There's a pill for that. Can't quit smoking? Here's a nicotine patch. Are the copious pollutants in the air, water, and care products you use causing you to develop allergies? There's a pill for that, too.

Drugs solve problems the moment they appear at the surface. But they never focus on the underlying cause. While it can't be denied that the healthcare industry offers numerous life-saving treatments, it does not **see the body for the whole system it really is**. And how healthy can we truly be if we're dependent on chemicals?

Non-invasive yet rooted in science, biofeedback offers the perfect solution for anyone who wants to take control over their health as effectively and as naturally as possible.





# What is biofeedback?

The body constantly gives us feedback about our well-being. When we feel stressed, our heart rate increases and our hands may start to feel sweaty. When we feel tired, our concentration drops and we might start to experience headaches. And so on and so forth. This information the body gives us is called **biofeedback**.

By getting to know the workings of biofeedback and mastering certain techniques, anyone can learn to place **mind over matter**, and take charge over their body's otherwise involuntary functions accordingly.

- Professional divers use biofeedback to lower their heart rate
- Athletes rely on biofeedback to optimize their performance
- Soldiers apply biofeedback to improve their pain tolerance
- ...

This does not imply, however, that enjoying **the benefits of biofeedback** requires any special talent or strength. While it may sound complicated in theory, anyone can do it through simple determination and repeated practice.



# The benefits of biofeedback

The limits to what biofeedback can achieve are yet to be discovered. But even though there is still much left to explore, experts agree that there are plenty of benefits to be reaped.

## Reduced stress and anxiety

It's been proven that biofeedback helps **lower stress and anxiety** and improve quality of **sleep**. Over the years, thousands of people have used it to increase their ability to relax. During a session, a special quantum biofeedback device makes you increasingly aware of how your body operates when under pressure. Because you are better able to sense when your stress and anxiety levels are about to surge, you also become more efficient at nipping unpleasant feelings in the bud. The therapist teaches you the optimal **relaxation method** with which to do so.

## Improved focus

Quantum biofeedback can be very effective in helping adults and children with learning difficulties, **ADHD**, and even **autism**. In these people, the parts of the brain that enable us to concentrate work differently. During a typical session, the biofeedback device is used while the client tries to complete tasks that require special focus. For example, getting a video to pause by using **brainpower** alone. Depending on how the client performs, the video responds differently. Through repeated practice, the brain figures out how to concentrate for longer periods of time.

## Non-invasive

All types of biofeedback are **non-invasive**. The devices used consist of harnesses and/or electrodes which are painlessly placed on the skin. There are also no drugs involved. Because the risk of unwanted **side effects** is virtually non-existent, biofeedback is especially recommended for people who seek relief from a physical or mental condition and who want to deal with it naturally.

## Quitting addictions more easily

Studies have shown that addictions, such as **smoking** and anxiety go hand in hand. Some doctors even compare nicotine to popular tranquilizers such as Valium. Because biofeedback teaches you to mimic the relaxing effect of nicotine and/or other substances on your own, it naturally decreases your desire to smoke.

## Catalyst for therapies and treatments

Biofeedback can significantly **improve the effects of medication** and different kinds of therapies. Many people get by on smaller doses of their medication after completing biofeedback sessions, with some even needing no more drugs at all. Some tend to handle rehabilitation programs better when biofeedback is used to improve focus and to decrease feelings of anxiety and depression. In that way, biofeedback can **enhance any type of therapy** imaginable.

# Types of biofeedback

There are several different types of biofeedback available, depending on the bodily function you want to measure and/or gain control over. Here is a brief overview of the **most common types of biofeedback** methods:

## Respiratory biofeedback

- Focuses on breathing rates and patterns.
- Helpful for people experiencing **anxiety**.

## Thermal biofeedback

- Focuses on body temperature (hands).
- Reduces or eliminates the effects of **stress**.
- Known to reduce **migraines**.
- Can relieve symptoms associated with **Raynaud's disease**.

## Electroencephalography (EEG)

- Also known as neurofeedback.
- Monitors brain wave activity.
- Can help train the brain to **stay focused** for longer.
- Often used by people who have **ADHD**.

## Electromyography (EMG)

- Looks at muscle tension.
- Commonly used to help detect **neuromuscular abnormalities**.

## Electrocardiography (ECG)

- Focuses on **heart rate and pulse**.
- Can support people dealing with asthma, heart conditions, COPD, abdominal pains, anxiety, depression, ...

## Electrodermography (EDG)

- Monitors the **skin and sweat glands**.
- Can support psychotherapeutic purposes.
- Commonly used to help people deal with **anxiety disorders**.
- Known to decrease **excessive sweating**.

# Quantum biofeedback

Biofeedback can be useful for both exploratory and therapeutic purposes. Obtaining therapeutic benefits used to be quite demanding for users, as it would take a great deal of time and effort to master the necessary techniques. Quantum biofeedback technology rings in a new era where users can simply sit back, relax, and let the biofeedback device do (most of) the work.

## What is quantum biofeedback?

At QX WORLD, we specialize in an advanced field of biofeedback called **quantum biofeedback**. The result of decades of research and development, our patented QUEX S® and QUEX ED® devices take biofeedback to a whole other level. The unconscious level, to be precise. Whereas traditional biofeedback devices measure a physiological response and simply feed it back to the conscious mind, quantum biofeedback takes things to a higher – or deeper – level by also addressing the **subconscious**.

### Frequency re-education

In a healthy body, all cells operate at their ideal frequency, as nature intends it. In a body that is unbalanced, by contrast, some cells vibrate differently. They emit electromagnetic waves that are unstable. The workings of quantum biofeedback all come down to exploring the different frequencies on which the human body operates, and re-educating those frequencies if needed.

Quantum biofeedback devices can be used to find the cause of the imbalance by sending electric pulses through the body. In so doing, they **map the body's reaction to over 15,000 voltammetric signatures** including imbalanced vitamin levels, nutrient levels, and brain waves that signal stress. Even stress related to allergies, diseases, and addictions can be spotted by a biofeedback device due to the frequency of the cells they affect.

In addition to exploring the nature of a person's health problems, quantum biofeedback devices are designed to **re-educate the body**. They send a loop of electromagnetic waves through the body to rebalance the frequencies of certain cells, helping those cells return to their original state.

## How does a biofeedback session work?

In general, biofeedback sessions can be broken down into five key steps.

### 01

#### Lifestyle questions

The first step of any biofeedback program is creating a **lifestyle inventory**, based on **simple questions** about lifestyle. Do you drink enough water? Do you exercise? How much alcohol do you drink? Do you smoke? Have you had surgery? And so forth. The answers to these questions give the therapist an overall idea of the **conscious SOCs** (Suppressions and Obstructions to Cure).

### 02

#### Calibration of the device

Next, the therapist starts the **calibration process**. Body harnesses or electrodes, hooked to a biofeedback device, are painlessly placed on the skin. A very subtle electrical signal, so gentle most people don't even feel it, is then sent through the body to measure the body electric and to make sure the device has the **correct settings** for the user, as all bodies are unique.

# 03

## Symptom inventory

In a third step, the device starts **tracking possible stressors or unconscious SOC**s by sending a (painless) electrical current through the body for about two to three minutes. After the calibration process, the system maps the stress responses. In what we call our 'Matrix', QX WORLD maintains a record of the full electrical measurements of every substance through an analysis called voltammetry, resulting in so-called **voltammetric signatures**. Rather than simple frequencies, voltammetry captures a much more complex profile.

The device then replicates all of these rich voltammetric signatures, one at a time, and records the user's stress responses on a numeric scale from strongest to weakest, as compared to their original baseline or normal range of responses. The result is a comprehensive overview of **stress reactivity** to many aspects of life.

# 04

## Biofeedback exercises

The fourth step is when the ball really gets rolling. While the client is still hooked up to the **biofeedback device**, the therapist runs a **specific software** program. Depending on the symptoms recorded during the previous steps, the program monitors brain waves, heart rate, breathing, skin temperature, galvanic skin resistance or muscle tension. The information gathered is fed back to the client – hence the term 'biofeedback' – on a monitor or, in some cases, through sound or light.

With the program running, the biofeedback therapist teaches the client to **make deliberate changes in their body** and, in so doing, change the measurements at will. In the case of quantum biofeedback therapy, an advanced type of biofeedback, the devices are designed to activate the body's **self-healing capacity** as well, trying to balance the body electric by sending ultra-low electrical pulses to the unconscious parts of the organism.

## Self-regulation exercises

Various exercises can be used to aid voluntary self-regulation, depending on the therapist's expertise and the client's needs. Examples include:

### Breathing

These usually very simple exercises involve taking deep breaths in and slow breaths out, to center the body, to focus on the present rather than worrying about the past or the future, and to encourage a mindful state of calm and relaxation.

### Tense-relax

During the session, you progressively tighten and relax various muscle groups while comparing the different sensations of each. Also called progressive muscle relaxation, these exercises teach you to become aware of even the smallest changes in muscle tension levels, and to effectively recognize tension or stress in your body as soon as it starts to emerge.

### Autogenic training

This type of exercise teaches the body to relax by responding to verbal commands such as "I am at peace" and "My body is very heavy and warm".

### Visualization

Visualization exercises serve relaxation purposes as well. They invite you to vividly imagine – using all five senses – certain pleasant scenarios where you feel completely comfortable and relaxed. If done right, visualization makes you feel as if you are actually in a completely different space.



# 05

## Lifestyle tips

At the end of the session, the client is **debriefed** by means of a report complete with recommendations for improving their health. More specifically, the software suggests certain lifestyle changes, such as cutting down on sugar or switching to a plant-based diet. By adopting the lifestyle that works best for them, the client can help their body realize its **maximum health potential** and therefore get the most out of the biofeedback sessions.

## How many sessions are needed?

When it comes to both traditional and quantum biofeedback, the desired results tend to be achieved **between fifteen and thirty sessions**. Naturally, mastering biofeedback takes practice and determination, but most people find that being able to adjust their efforts while watching the results on a monitor in real-time makes it very feasible. With quantum biofeedback, the device even does most of the work for them.





# Quantum biofeedback devices

Next to serving exploratory purposes, quantum biofeedback devices set out to fix the body electric by sending electrical pulses to the **unconscious** parts of the organism. First, while you relax, the quantum biofeedback device and software locate cells that are out of balance.

Next, the device attempts to **cancel out the unstable frequencies of certain cells**, helping them return to their ideal state.

Unlike basic biofeedback technology, quantum biofeedback devices do not require that you alter certain automatic body functions yourself. Quantum biofeedback devices send out electromagnetic waves that do (most of) the work for you. Results can be permanent provided you complete the minimum number of sessions required.

## The benefits

### Suitable for all ages

As an increasingly popular method for addressing **ADHD, autism, and learning disabilities**, quantum biofeedback devices essentially work the same way for both children and adults. However, children must be able to sit sufficiently still for about 50 minutes and for the harnesses to hold properly, so the session can take full effect. It may prove useful to give the child a toy to keep them occupied if **gamification** (see below) proves too challenging for their age.

### Perfectly safe

Quantum biofeedback devices have no known side effects. Perfectly safe, the voltage used is so low that most people don't even feel it. If they do, they describe the sensation as warm and pleasant.

“It feels like taking  
a bath that’s just the right  
temperature.”

Éva C. (50)

While quantum biofeedback in itself is risk-free, people with **pacemakers** form the exception to the rule. This does not, however, imply that quantum feedback devices are dangerous. The electric current may interfere with pacemakers but remains too low to cause any detrimental effects for people who do not carry such a device.

### Fun for everyone

Perhaps the main reason why quantum biofeedback is so effective in both children and adults is its fun factor. Using gamification, the therapist can help **boost concentration**, for example, by running a specially designed biofeedback

protocol through the device. While hooked to the biofeedback device, the client must try to complete a task that requires special focus and can only be completed through brainpower alone, for instance trying to make a computer animation freeze or turn a different color.

### Like learning to ride a bicycle

The results achieved through quantum biofeedback can be permanent. It's not unlike learning to ride a bicycle, as **new pathways in the brain** are created through repeated practice. Even years after completing the program, the brain will remember how it can use these pathways to concentrate for longer periods of time.

## Popular applications

### Allergies and asthma

**Allergies** are essentially an overreaction. They occur when the **immune system** is out of balance. To tackle a 'harmful' substance, the body produces more antibodies than needed because immune barriers don't function properly or the micro-organisms living at those barriers are out of sync. In such cases, quantum biofeedback devices can help **re-educate the immune system**. Because the immune system remembers how it is supposed to function, allergy medications and other treatments will then work more efficiently.<sup>1</sup>

“My hay fever symptoms  
had completely vanished after  
about twenty sessions. Even the  
snoring has stopped.”

Péter P. (34)

### Blood pressure

Biofeedback sessions can also help reduce blood pressure. A study evaluating 462 subjects revealed that biofeedback significantly elicits greater blood pressure control, mainly improving diastolic blood pressure levels.<sup>2</sup>

### Stress and anxiety

Biofeedback enables you to take control of stress and anxiety, as it helps you to **sense** when your body's stress and anxiety levels are about to surge, and to quickly **act** on it. If the biofeedback therapist uses a quantum biofeedback device, handling stress and anxiety becomes even easier as quantum biofeedback focuses on the **unconscious** parts of the organism and the autonomic nervous system (the so-called **body electric**). By attempting to re-educate cells that are out of balance, this type of biofeedback makes the body more able to handle stress and anxiety even without increased body awareness.<sup>3</sup>

“I’m coping much better with  
stress now. Problems no longer  
seem unsolvable. It’s as if my  
brain has been completely  
re-wired.”

Ádám S. (27)

ADHD / Learning difficulties

In children and adults with ADHD and certain types of learning difficulties, the **frontal and parietal lobes** – the parts of the brain that enable us to organize, to concentrate, and to process sensory information – work differently. More specifically, the brainwaves do not vibrate at the frequency nature intends. To help reset brainwaves that are out of balance, a quantum biofeedback device applies certain principles of electrical engineering. It sends soft electric pulses through the body, which are specially designed to target the unbalanced waves .<sup>4</sup>

Pain managemvent

Several studies show that biofeedback can improve various pain-related issues, such as low back pain, abdominal pain, joint pain, ... and even fibromyalgia, in people of all ages. By teaching to identify abnormal tightening of the muscles and **how to relax** those muscles, biofeedback sessions can help relieve discomfort both as a standalone and a complementary intervention.<sup>5</sup>

“I thought it would be hard, but you get to watch your brain’s reactions on a monitor the whole time. So, you can immediately see if what you are doing works.”

Éva C. (50)

Migraine

Migraines are a neurological condition that come with intense headaches and possibly other symptoms including but not limited to nausea and sensitivity to light. While no official cure for migraine exists yet, the symptoms can be managed. Biofeedback mostly focuses

on the type of migraine attacks **triggered by stress**. By learning to sense physical signs of stress early on and how to relax their body during such events, migraine patients can reduce the severity of migraine attacks or even prevent them from occurring.<sup>6</sup>

Smoking and other addictions

Since it actively helps you gain control over your body's (otherwise involuntary) processes, quantum biofeedback is known to **improve the effects of addiction therapies** such as smoking. It is even known to reduce and, in some cases, eliminate the need for medication entirely.<sup>7</sup>

Sleeping problems

It goes without saying that the lower your stress and anxiety levels, the more likely you are to enjoy quality sleep. People suffering from **insomnia** and other sleep-related issues are known to benefit from biofeedback sessions that focus on relaxation, raising their awareness of exaggerated physical stress reactions and teaching them how to respond.<sup>8</sup>

Beauty treatments

The microcurrent used by quantum biofeedback devices activates the skin's natural regeneration processes, achieving a **natural anti-aging effect**. The current is completely harmless and extremely beneficial for the skin, boosting blood circulation and collagen production. It also helps the body heal damaged tissue and remove toxins. Ultimately, microcurrents can resurface and lift the skin, fill wrinkles, and stimulate cell growth.

“I conducted a study on the use of microcurrents in combination with natural cosmetics. We observed a group of women between the ages of 35 and 67 with various skin types. The results were astounding.”

Dr. Márta Simon

Decision making

Research shows that stress negatively influences the decision-making process. It alters the homeostatic equilibrium, narrowing your **attention span** and inhibiting your **ability to make rational choices**. When we are under stress, the decisions we make tend to be based on an incomplete evaluation of the information at our disposal. Biofeedback, specifically quantum biofeedback, can increase your ability to self-regulate these stress-related psychological phenomena, and consequently make optimal decisions even in a crisis.<sup>9</sup>

Constipation / Incontinence / Bedwetting

If you have trouble going to the toilet when you need to, biofeedback sessions may also be of benefit. During bowel movements, the **sphincters** (small muscles located in the rectum) have to simultaneously relax and work together with your abdominal and pelvic muscles to allow the stool to pass. In people suffering from constipation, these muscles fail to work together and the sphincter muscles refuse to relax. Biofeedback can **re-educate the muscles** and help you gain full control over this otherwise partially involuntary bodily function.

Conversely, biofeedback can also re-educate the body and brain to improve bladder and bowel control in adults who suffer from incontinence and children who tend to wet the bed at night.<sup>10 11</sup>

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<sup>2</sup> Costa Vital, J. E. et al. (2021) Biofeedback therapeutic effects on blood pressure levels in hypertensive individuals: A systematic review and meta-analysis  
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<sup>4</sup> Arns, M. et al. (2020) Neurofeedback and Attention-Deficit/Hyperactivity-Disorder (ADHD) in Children: Rating the Evidence and Proposed Guidelines  
<sup>5</sup> Chrousos, G. P., Boschiero, D. (2019) Clinical validation of a non-invasive electrodermal biofeedback device useful for reducing chronic perceived pain and systemic inflammation

<sup>6</sup> Šecić, A., Cvjeticanin, T., Bašić Kes, V. (2016). Biofeedback training and tension-type headache  
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<sup>9</sup> Jerčić, P., Sundstedt, V. (2019) Practicing emotion-regulation through biofeedback on the decision-making performance in the context of serious games: A systematic review  
<sup>10</sup> Willis, S. et al. (2004) Effect of biofeedback and electrostimulation on sphincter function in fecal incontinence  
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Enter the  
QX WORLD of  
biofeedback  
technology



01

**Unparalleled research and development**

The result of more than **35 years of research and development**, QUEX devices are reliable, safe, and efficient. Compared to other biofeedback devices on the market, they also support better visualizations with deeper insights.

In the world of quantum biofeedback, our QUEX S® and QUEX ED® devices set new standards in at least five ways.

03

**Quantum biofeedback technology**

QUEX S® and QUEX ED® differ from other biofeedback devices in that they run on quantum biofeedback technology. Not only do they explore the body for stressors or SOC (Suppressions and Obstructions to Cure), they also attempt to **rebalance the frequencies of certain cells** by means of electric pulses that trigger those cells to return to their original state autonomously, i.e. by using their capacity for self-regeneration.

02

**The complete package for biofeedback therapists**

Biofeedback therapists and other healthcare professionals who use the QUEX S® or QUEX ED® do not need to rely on a combination of energetic devices to diversify their offer. Using only one device, they can **explore** their clients' mental and physical health from all possible angles, and offer them a complete package in terms of **frequency re-education** (quantum biofeedback) as well.

04

**Xrroid® scan**

As well as exploring possible stressors or SOC (Suppressions and Obstructions to Cure) and offering frequency re-education, the QUEX ED® and QUEX S® are the only biofeedback devices with **licensed technology** to perform Xrroid® scans. This proprietary technique allows practitioners to make very specific suggestions in terms of complementary healthcare.

Xrroid® scans measure the body's electrical parameters of voltage, amperage, resistance, hydration, oxygenation, and pH (or **VARHOP** for short) as well as stress in response to thousands of trivector signatures at biological speed. More specifically, Xrroid® scans take the **voltammetric signatures** of thousands of items, sending them through the body to measure response reactions. The scan provides stress reactivity scores to vitamins, minerals, microbes (bacteria, viruses, parasites, fungi), glandular/organ tissues, various toxins, emotional/stress factors, hormones, neurotransmitters, and more.

Ultimately, the stress reactivity scores are mapped on a numeric scale from strongest to weakest, which are then compared with the original baseline or normal range of responses. In short, the Xrroid® scan offers a comprehensive overview of **stress reactivity** to many aspects of life.

05

**We go the extra mile**

At QX WORLD, we aim to develop active relationships with our customers, never hesitating to go the extra mile to help you get the most out of your own client relationships. For instance, the **QX WORLD Software Care program** ensures six-monthly updates for the OMNIS® software on which both the QUEX ED® and QUEX S® run. The **regular updates** keep the complete database system secure while adding new features and improvements to answer the evolving needs of your practice.



Expand your expertise

The perfect entry-level biofeedback device, **QUEXS®** is modularly expandable – which means you can get started with little to no financial risk and without the need for major investments. Get access to additional features and functionalities when you need them, or when it suits your budget.



Work smarter and faster

Imagine the ultimate way of performing relaxing energy visualization and frequency re-education, fully equipped with the most comprehensive health software. That's what **QUEX ED®** is all about.



Software

Standard Omnis software and basic report included



ECG chip

ECG chip, highest standard, safe and effective



Software

Omnis health software with all the modules



EEG/ECG/EMG chips

EEG/ECG/EMG chip, highest standard, safe and effective



2 frequency generators

2 frequency generators, simultaneous input and output



Stand-alone Apps

S-enso rejuvenation, Anti-s, Prayer



3 frequency generators

3 frequency generators, simultaneous input and output



Included Stand-alone Apps

Anti-s, Prayer



1 Hz-450.000 Hz

1 Hz-450.000 Hz frequency range



Extendable Modules

Bodyviewer, Disease Dictionary, Iridology, Biofeedback Interface Graphics, Degen Scan, Home Use



1 Hz-2.500.000 Hz

1 Hz-2.500.000 Hz frequency range: the highest in the market

# 4 key benefits

## Intelligent insights

- Calibrated to the highest standards
- Intelligently links different fields of health and healthcare
- Compares insights from different sessions
- Tracks even the slightest energetic deviations

## Automatic reporting

- Integrated structural reporting
- Documentation included
- Reduces manual paperwork
- Minimizes administration

## Improved client experience

- Reduces cerebral fatigue
- Limits head, hand, and eye movements
- Ensures uniform sessions
- Guarantees consistent feedback

## Improved therapist experience

- Eliminates the need for multiple devices
- Conducts multiple tasks simultaneously
- Speeds up sessions
- Helps you see more clients per day

# What's in the Box

 **QUEX S/ED BOX**  
Stand-alone test:plate

 **HEAD:LINK**  
Human Head Harness

 **WRIST:LINK**

 **ANKLE:LINK**

 **EDUCATION**

 **USB CABLE**

 **COMPUTER BAG**

 **INSTALLATION MEDIA**







## Powering the most comprehensive biofeedback devices on the market.

### Never a missing link

The OMNIS® uses and links multiple known perspectives in complementary health knowledge, boosting your operational efficiency and enabling you to give more in-depth advice.

## 6 popular modules



### Bodyviewer

Offer clients a 3D experience, with a mix of vibrational, auditive and visual stimuli that will actively involve them.



### Biofeedback Interface Graphics (BIG)

Follow clients' reactions, the device output, the harness connection, and valuable information taken from the OMNIS, all at the same time.



### Iridology

Address stress factors in the face, eyes, gums, and teeth as well as hand-eye coordination, general anatomy and much more. Choose your protocol and let your QUEX device carry out the rest.

Both QUEX S® and QUEX ED® run on the OMNIS® software which has also been developed by QX WORLD. That means our biofeedback devices offer all known complementary health knowledge integrated into one system, as opposed to other devices that work according to specific holistic approaches.

### Time-tested

QX WORLD's OMNIS® is the result of more than ten years of intensive research and development. Highly reliable, this software is installed on more than 12,000 devices worldwide.

### Long-term support

The QX WORLD Software Care program guarantees six-monthly version updates, both security-wise and in terms of new and improved features.

### Disease Dictionary

Simply click on a condition and be rewarded with a whole list of natural solutions to address it.



### Degen Scan

Find stressors and work on eliminating them. From multiple session threads to examinations focused on emotional versus physical causes, the Degen Scan has it all.



### Smart Report

The Smart Report is everything you ever needed for engaging with your clients and building up your practice. Session information is now simple, visual, and captivating for all.



# Don't take our word for it

Here's what our customers and their clients have to say

1,850,00  
biofeedback  
sessions

3,750  
therapists

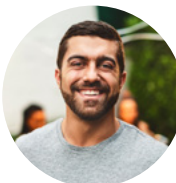
950,000  
happier clients



**Botan Diler**  
“With the energy solutions of QX World, everybody dedicated to a more spiritual life vision can have an improved approach and understanding of life and energies: the bridge between the seen and unseen.”



**Margret Margretardottir**  
“With overall fast reliable communication and excellent tech support, QX has made it possible for me to give my clients and practitioners a much better service.”



**Thomas M. (43)**  
“Biofeedback helped me prepare for the Iron Man Race, which I recently completed with higher scores than I've ever achieved before. A race like that not only requires physical strength but mental energy as well, you know.”



**Éva C. (50)**  
“I thought it would be hard, but you get to watch your brain's reactions on a monitor the whole time. So, you can immediately see if what you are doing works.”



**Silky Polifka**  
“After 25 years of being an expert in biofeedback this technology moved my practice into incredible new dimensions!”



**Wim Verschelden**  
“With the assistance of the QX device I was and am able to broaden the insights of my clients as well as my own.”



**Péter P. (40)**  
“My hay fever symptoms had completely vanished after about twenty sessions. Even the snoring has stopped.”



**Ádám S. (27)**  
“I'm coping much better with stress now. Problems no longer seem unsolvable. It's as if my brain has been completely re-wired.”



**Dr. Márta Simon**  
“Since I am working with the QX system, close to 80% of my clients are experiencing improvements with both physical and emotional problems.”

Privacy disclaimer  
To respect the laws on privacy and medical confidentiality, some names and illustrations have been altered.



# Curious but not yet convinced?

## Book your free demo

While we do everything in our power to equip our clients with easy-to-use tools, we understand that biofeedback technology is by no means an easy topic. That's why we are happy to regularly host free online demo sessions that explain how our devices work, as well as the scientific principles they are based on.

**SIGN UP**

### What's included in your free demo session?

- You'll be brought up to speed with QUEX ED®.  
A QX expert shows you how the QUEX ED® streamlines your sessions.
- We'll introduce our entry level device: QUEX S®  
While QUEX ED® is our full-feature flagship device, you might not immediately need all of its capabilities. In that case, QUEX S® is your go-to device.
- We'll show you the infinite possibilities of our software  
From OMNIS® to Anti-S, Prayer and S-enso, you will get an all-inclusive and interactive guide to all the software we developed to enhance your practice.

### Already convinced?

Your QX device is right around the corner.

**FIND A REPRESENTATIVE  
IN YOUR AREA**

# See you at our next event!

QX WORLD is proud to be a knowledge center for health professionals, therapists, academics, doctors, and anyone else who wants to learn more about complementary health and how to work with our biofeedback devices.

As well as webinars and online courses, we regularly organize live events to share our technology and research with the world. You, too, are very welcome to join us at our next gathering, whether live or online.

We look forward to meeting you.

**GO TO THE EVENT CALENDAR**



# QX World Health Academy

More than 3,750 complementary healthcare professionals have already joined the online QX Academy. As a member, you'll have access to online courses, conferences, webinars, and free demos that help you use your multifunctional QX World biofeedback devices to their full potential.

START YOUR ONLINE  
LEARNING JOURNEY NOW!

- ✓ Online courses
- ✓ Learn online (beginner, intermediate, or advanced level)
- ✓ Conferences, webinars, and free demos
- ✓ Find out how others help their clients achieve spiritual and emotional balance
- ✓ Become an expert
- ✓ Gain access to the highest level of expertise in the industry

# Become a cBNS expert

A part of the QX World Health Academy's offering, clinical Biochemistry and Neurofeedback Science (cBNS) teaches you to dive deep into the pathophysiology of diseases, looking for causes, patterns, and interrelationships.

SIGN UP NOW

As a cBNS expert, you get to...

- ✓ Dive deep into the pathophysiology of diseases
- ✓ Look for causes, patterns, meanings and interrelationships
- ✓ Create a meaningful timeline of clients' stressors
- ✓ Preventively and curatively address symptoms
- ✓ Know how OMNIS works to do all of the above



GET IN TOUCH. IT'S A QX WORLD.

FOLLOW US  
ON FACEBOOK,  
INSTAGRAM AND  
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